If you have a food allergy, here is the information you need to know to plan your order at Taïm.

| Allergen Chart | NOT VEGAN | CONTAINS GLUTEN | NUTS | DAIRY | HONEY | EGGS | SOY | GARLIC | ONION | SESAME |
|------------------------|-----------|--------------------|------|-------|-------|------|-----|--------|-------|--------|
| Amba | | | | | | | | | | |
| Baklava | | | | | | | | | | |
| Croutons | | | | | | | | | | |
| Feta cheese | | | | | | | | | | |
| Fried Shallots | | | | | | | | | | |
| Green Falafel | | | | | | | | | | |
| Harissa Falafel | | | | | | | | | | |
| Hummus | | | | | | | | | | |
| Impossible Kebabs | | | | | | | | | | |
| Lentil Harissa Soup | | | | | | | | | | |
| Meatballs | | | | | | | | | | |
| Pickled Onions | | | | | | | | | | |
| Pickles | | | | | | | | | | |
| Pitas | | | | | | | | | | |
| Za'atar Pitas | | | | | | | | | | |
| Red Pepper Babagaboush | | | | | | | | | | |
| Saffron Aïoli | | | | | | | | | | |
| Shawarma Spice Mix | | | | | | | | | | |
| S'rug | | | | | | | | | | |
| Tahini | | | | | | | | | | |
| Tzatziki | | | | | | | | | | |